Your patch test result indicates that you have a contact allergy to budesonide. This contact allergy may cause your skin to react when it is exposed to this substance although it may take several days for the symptoms to appear. Typical symptoms include redness, swelling, itching and fluid-filled blisters.

Where is budesonide found?
Budesonide is a Group B glucocorticoid steroid for the treatment of asthma, hay fever and other allergies, and for treatment and prevention of nasal polyps. Additionally, it is used for inflammatory bowel disease.

How can you avoid contact with budesonide?
Avoid products that list any of the following names in the ingredients:

- (11-beta,16-alpha)-16,17-(Butylidenebis(oxy))-11,21-dihydroxypregna-1,4-diene-3,20-dione
- (RS)-11beta,16alpha,17,21-Tetrahydroxypregna-1,4-diene-3,20-dione cyclic 16,17-acetal with butyraldehyde
- 16-alpha,17-alpha-Butylidenedioxy-11-beta,21-dihydroxy-1,4-pregnadiene-3,20-dione
- Pregna-1,4-diene-3,20-dione, 16,17-(butylidenebis(oxy))-11,21-dihydroxy-, (11-beta,16-alpha)-
- Pregna-1,4-diene-3,20-dione, 16,17-butylidenedi(oxy)-11,21-dihydroxy-, (11beta,16alpha(R))- and 16alpha,17-{(S)-Butylidenedi(oxy)}-11beta,21-dihydroxypregna-1,4-diene-3,20-dione
- Pregna-1,4-diene-3,20-dione,16,17-(butylidenebis(oxy))-11,21-dihydroxy-, (11beta,16alpha)-
- CAS RN: 51333-22-3

What are some products that may contain budesonide?

**Allergy Medication:**
- Nasal inhalation
- Oral inhalation
- Pulmicort
- Rhinosol

**Other Medications:**
- Entocort.
- Symbicort

For additional information about products that might contain budesonide, go to the Household Product Database online (http://householdproducts.nlm.nih.gov) at the United States National Library of Medicine. These lists are brief and provide just a few examples. They are not comprehensive. Product formulations also change frequently. Read product labels carefully and talk to your doctor if you have any questions. These are general guidelines. Talk to your doctor for more specific instructions.