Your patch test results indicate that you have a contact allergy to cetylstearylalcohol. This contact allergy may cause your skin to react when it is exposed to this substance although it may take several days for the symptoms to appear. Typical symptoms include redness, swelling, itching, and fluid-filled blisters.

### Where is cetylstearylalcohol found?
Cetylstearylalcohol is an emollient and lubricant found in facial creams, lotions, and hair conditioners.

### How can you avoid contact with cetylstearylalcohol?
Avoid products that list any of the following names in the ingredients:
- Cetearyl alcohol
- Cetostearyl alcohol
- Cetyl alcohol
- CAS RN: 8005-44-5

### What are some products that may contain cetylstearylalcohol?
- Anti-Aging/Anti-Wrinkle/Skin Firming Products
- Antiperspirants/Deodorants
- Bath Products
- Body Scents/Sprays
- Gloves (sterile and non-sterile)
- Hair Care Products (shampoo, conditioners, dye, treatments, styling products)
- Household Cleaning Products
- Insect Repellent
- Cosmetics
- Nail Care
- Lip Stick/Gloss
- Moisturizers
- Medications (OTC and Rx)
- Oral Care Products/Gum
- Personal Care products (lubricants/vaginal preparations)
- Shaving products
- Sunscreen/sunless tanner
- Soaps/Cleansers
- Skin Care Products (moisturizers, cleansers, toners/astringents)

For additional information about products that might contain cetylstearylalcohol, go to the Household Product Database online (http://householdproducts.nlm.nih.gov) at the United States National Library of Medicine. These lists are brief and provide just a few examples. They are not comprehensive. Product formulations also change frequently. Read product labels carefully and talk to your doctor if you have any questions. These are general guidelines. Talk to your doctor for more specific instructions.